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April 17, 2020

Stay Safe, Stay Strong and Stay the Course

As this pandemic continues to evolve there is a lot of discussion about “getting back to normal”. I am convinced that what we will see in the future is nothing compared to what we considered normal of the past. For right now we need to keep doing what we have all been doing in the past month and that is to follow the social distancing and sanitization guidelines that the CDC has recommended for us. The “opening” of the economy will be graduated as the states make the determination as where they stand in the timeline of the virus. It is interesting that here in Nebraska the virus peak is not expected for 10-14 days while the news talks about New York and other places being on the backside of the pandemic. Together we will pull through this! Thank You for what you do every day as an employee of an essential business to keep the supply chain strong and unstoppable.

Stay safe, stay strong and stay the course.

What can you do to stay safe, healthy, and well?

- Understand everything you can about this dreaded disease and how you can avoid catching it and spreading it.
- Recognize the warning signs and symptoms: fever, persistent dry cough and shortness of breath and chest pain. Do not show up to work if you suspect you might have been exposed to the coronavirus or might be carrying it yourself.
- Other medical conditions, such as higher age, diabetes, lung or heart issues, or auto-immune diseases may make individuals more susceptible
- While four out of five cases are mild to moderate, about 20% of those infected



National Work Zone Awareness Week April 20-24

National Work Zone Awareness Week (NWZAW) is an annual spring campaign held at the start of construction season to encourage safe driving through highway work zones and construction sites. The key message is for drivers to use extra caution in work zones.

[For more information, click here.](#)

with the virus require hospitalization.

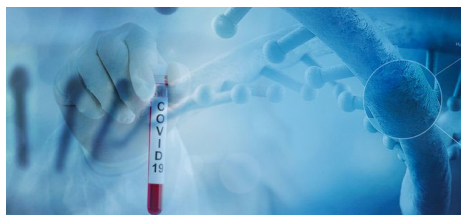
- The main way that the highly contagious COVID-19 virus is spread is through respiratory droplets when somebody that is infected coughs or sneezes. The virus also can stay alive on surfaces for hours or days so you can become infected after touching one of these surfaces and then touching your eyes, nose or mouth.
- Learn how to properly wash your hands with soap and water for at least 20 seconds.
- Carry your anti-bacterial sanitizer and disposable gloves and instructions on how to use properly.
- Avoid touching your face.
- Maintain social distances – at least a six feet distance from other people. Avoid physical contact with other people, avoid crowds and minimize visits to public places.
- Conduct a thorough deep clean of your truck before you enter the cab. Pay attention to areas such as door handles, steering wheels, parking brakes, etc., ELDs, turn signals, wipers, and shift levers. This vigilance applies outside the cab, too. After coming in contact with fifth wheel handles, landing gear, trailer doors, fuel pumps, desks or countertops, door handles in public places, vending machines, cash and even pens and phones or tablets, make sure to thoroughly wash your hands.
- Pack your own snacks and lunches
- Understand that pick-up and delivery procedures are changing frequently. Make sure you know and understand those requirements before you head out with your load. Use your phone to call for clarification of loads and to understand how the receiving department might be working.
- Be patient. This is a time where tensions and pressures can easily escalate. Try and remain calm.
- Anticipate longer load and unload times.
- Stay as informed as you can about how the virus itself and always think about strategies you can do to reduce your risk .For the most current and up-to-date information, [click here](#).



Idealease and the National Private Truck Council NPTC will again be hosting safety seminars in 2020. The one-day seminar this year will focus on new safety technologies available on trucks today, basic safety and compliance, regulation changes, load securement and CSA. The seminars and will be provided to all Idealease customers, potential customers and NPTC members at no charge. The seminar provides important information applicable for both the novice and experienced transportation professionals.



CDC Issues Guidance for Critical Workers Who Might Have Been Exposed to COVID-19



The Centers for Disease Control have issued new [guidance](#) for critical infrastructure workers who might have been exposed to the COVID-19 virus:

CDC advises that critical infrastructure workers may be permitted to continue work following potential exposure to COVID-19, provided they remain asymptomatic and additional precautions are implemented to protect them and the community.

A potential exposure means being a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19. The timeframe for having contact with an individual includes the period of 48 hours before the individual became symptomatic.

Spring Dates

7/22/2020 Santa Rosa, CA

Fall Dates

8/27/2020	Nashville, TN
9/23/2020	Brantford, ON
9/23/2020	Indianapolis, IN
9/29/2020	Fort Wayne, IN
10/1/2020	Oklahoma City, OK
10/7/2020	Eugene, OR
10/13/2020	Charlottesville, VA
10/20/2020	Dallas, TX
10/22/2020	Birmingham, AL
10/29/2020	Phoenix, AZ

Please [Click Here](#) to view a schedule of Safety Seminars offered.

Critical Infrastructure workers who have had an exposure but remain asymptomatic should adhere to the following practices prior to and during their work shift:

Pre-Screen: Employers should measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.

Regular Monitoring: As long as the employee doesn't have a temperature or symptoms, they should self-monitor under the supervision of their employer's occupational health program.

Wear a Mask: The employee should wear a face mask at all times while in the workplace for 14 days after last exposure. Employers can issue facemasks or can approve employees' supplied cloth face coverings in the event of shortages.

Social Distance: The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.

Disinfect and Clean workspaces: Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment routinely.

If the employee becomes sick during the day, they should be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. Information on persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled. Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed.

TSA Grants Extension for Drivers with Expired Hazardous Materials Endorsements

The Transportation Security Administration (TSA) is giving commercial drivers with expired hazardous materials endorsements (HMEs) additional time to initiate the agency's security threat assessment (STA). TSA stated it may be impracticable for some commercial drivers to renew their STAs during the current COVID-19 crisis. As a result, a temporary exemption is in effect until July 31, 2020. TSA may extend this exemption at a future date depending on the status of the pandemic crisis.



How does the exemption work?

States may grant an extension of up to 180 days for a qualified individual whose HME expired or would otherwise expire between March 1, 2020, and July 31, 2020. For purposes of this exemption, an eligible individual is defined as someone who held a valid, unexpired HME with an STA (Determination of No Security Threat) on or after March 1, 2020, and the endorsement expired or is due to expire in the date range of the exemption.



If the state grants an extension, the individual with an expired HME must initiate the process of renewing his or her STA for an HME no later than 60 days before the end of the state-granted extension. TSA needs at least 60 days to process an individual's application for STA renewal once it is submitted.

Safety Bulletin

Training Requirements of the Federal Motor Carrier Safety Administration (FMCSA)

September 27th, 2019

If you have sent me emails you have received from contacting firms saying that you are required to have your supervisors of CDL drivers trained in Drug and Alcohol Reasonable Suspicion Training. This email was sent by "Steve" because to get you to purchase their supervisor training courses, webinars, etc. They are correct that your supervisors are required by Federal Motor Carrier Safety Administration (FMCSA), and the good news is that the FMCSA makes this training available to you at NO COST!!

Let's look at what the regulations say about training of your supervisors of CDL drivers. By the way, this applies to all motor carriers INTRA and INTER state.

UPCOMING EVENTS

October 7th - 13th is Fire Prevention Week

National Fire Prevention Week is a time to remind everyone about fire safety and how to prevent fires. It is a great time to remind everyone about fire safety and how to prevent fires. It is a great time to remind everyone about fire safety and how to prevent fires. It is a great time to remind everyone about fire safety and how to prevent fires.

Fire extinguisher inspection is a vital part of a driver's daily vehicle inspection process. It ensures the fire extinguisher will be available if a fire should occur. The extinguisher has had a pressure test to make sure it will work and returned to the truck without being recharged. The status of a driver at the time of the inspection is being done and controlling the amount of time.

Register Now to Attend an **Idaho's NPTC Safety Seminar this Fall!**

SIGN UP FOR SAFETY BULLETINS

Email *

First Name *

Last Name *

Job Title *

Company *

SUBMIT

ELEVATE: QUESTION/TIP OF THE WEEK SIGNUP

Email *

First Name *

Last Name *

Job Title *

Company *

SUBMIT

Drivers with an HME should confirm state-specifics concerning any extensions.

TSA will continue to recurrently vet drivers with expired HMEs against federal terrorism and national security-related watch lists and databases during the period of the extensions and retain its full authority to immediately revoke or suspend an individual's STA and to order a state to revoke an individual's HME.



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