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SAFETY BULLETIN

American



Heart Month



February 17, 2017

Brought to you by Idealsafe
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www.idealease.com

February is Heart Month: Are you at Risk for Heart Disease?

During the month of February, Americans see the human heart as the symbol of love. February is American Heart Month, a time to show yourself the love. Learn about your risks for heart disease and stroke and stay "heart healthy" for yourself and your loved ones.

Cardiovascular disease (CVD)—including heart disease, stroke, and high blood pressure—is the number 1 killer of women and men in the United States. It is a leading cause of disability, preventing Americans from working and enjoying family activities. CVD costs the United States over \$300 billion each year, including the cost of health care services, medications, and lost productivity.

Recognizing a Stroke

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

- S - Ask the individual to SMILE.
- T - Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)(i.e. It is sunny out today)



Idealease and the National Private Truck Council NPTC will again be hosting safety seminars in 2017. The one day seminar this year will focus on the new Electronic Logging Device (ELD) regulation, basic safety and compliance, regulation changes and CSA. The seminars and will be provided to all Idealease customers, potential customers and NPTC members at no charge. The seminar provides important information applicable for both the novice and experienced transportation professionals. To register for an upcoming seminar in 2017 click on the following link:

- R - Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with **ANY ONE** of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke ----- Stick out Your Tongue Ask the person to 'stick' out his tongue. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke.

For more information: <http://www2.idealease.com/e/36492/Features-HeartMonth-/58wry6/555115115>



QUESTION OF THE WEEK

My drivers are also sales persons, are there any exceptions to the hours of service regulations that I can utilize for my operation?

Under Code of Federal Regulations CFR 395.1(c), a driver meeting the "driver-salesperson" definition in § 395.2 (private carrier, solely delivering and selling goods or services, 100 air-mile radius, no more than 50% of on-duty time is driving) does not have to comply with the 60/70-hour limitation if the driver does not exceed 40 hours driving in any 7-consecutive-day period.

May use the following exemptions:

- A property-carrying driver-salesperson may use the "no RODS" provision of § 395.1(e)(1) if the driver-salesperson meets the requirements of operating within a 100-air-mile radius and has at least 10 consecutive hours off-duty separating each 12 hours on-duty. Although a driver-salesperson is not required to return to the work reporting location to be released from work within 12 hours, the driver may not drive after the 14th hour after coming on duty. Driver-salespersons using the 100-air-mile radius exception must complete a RODS on days in which they exceed 12 hours on duty.
- A driver-salesperson may be eligible to use the 16-hour exception of § 395.1(o) if the driver meets all of the requirements of that section.

A property-carrying driver-salesperson may use the 150-mile exemption, if operating vehicles between 10,000 lbs GVWR and 26,000 lbs GVWR.

Right of Way

<http://www2.idealease.com/e/36492/safety-seminar-registration/58wryj/555115115>

Idealease 2017 Safety Seminar Schedule

Date	Location
March 2	San Martin, CA
March 22	Dallas, TX
March 28	Harrisburg, PA
March 29	Mobile, AL
March 29	Baltimore, MD
April 4	Milwaukee, WI
April 5	Lexington, KY
April 6	Altoona, IA
April 12	Memphis, TN
April 12	Lodi, CA
April 13	Birmingham, AL
April 18	Chattanooga, TN
April 19	Atlanta, GA
April 20	Tampa, FL
April 25	Youngstown, OH
April 26	Weirton, WV
May 3	Grand Rapids, MI
May 4	Fort Wayne, IN
May 4	Aurora, CO
May 9	Ontario, Canada
May 10	Greensboro, NC
May 17	San Leandro, CA
May 18	Los Angeles, CA
September 12	Santa Rosa, CA
October 3	Charlottesville, VA
October 4	Erie, PA

While investigating accidents over the years and talking with drivers, many times the driver would state, "I had the right-of-way".

What does this really mean? When we have the "Right-of-Way" does this allow us to proceed without regard for other vehicles?

The FMCSA in their accident countermeasure program addresses "Right-of-Way" as follows:

Objective: To prevent accidents by drivers giving "Right-of-Way" until it is apparent that right-of-way is being given by the other driver.

Description: Generally, the driver who arrives last gives Right-of-Way to those who were already there. You give Right-of-Way when entering traffic. You give Right-of-Way when turning left in front of approaching traffic. You give Right-of-Way when changing lanes. You move into your intended path or direction only after you are assured you will not conflict with other traffic.

As a Transportation Manager you should ask yourself the following:

1. Do my drivers understand the meaning of Right-of-Way?
2. Periodically, do you have a qualified person ride with your drivers to evaluate their behavior in Right-of-Way situations?
3. Do you have a realistic scheduling policy that does not encourage drivers to take Right-of-Way rather than give it?
4. Are the drivers aware of the concept of "preventable accident"?

Tips for Drivers concerning "Right-of-Way":

- Do not force other drivers to brake or steer because of your obstructive maneuver into their path.
- Assume other drivers will not see you and avoid you when you maneuver into their path.
- Move into your intended path or direction only after you are assured you will not conflict with other traffic.

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