Seat Belts Save Lives

As I look at our customer’s CSA SMS scores I continue to see a numerous violations regarding failure to use a seat belt. This violation carries a point weighting of 7 and is detrimental to the carriers “Unsafe Driving” basic score in the CSA SMS.

By drivers operating your trucks and NOT wearing a seat belt they are providing an unnecessary risk that you do NOT need! In addition, if you take a look at these violations in states that have a not wearing a seat belt is a primary offense it is the catalyst for a roadside inspection going beyond just a seat belt violation.

Tips for increased seat belt usage:

- A company policy stating that the seat belt is to be worn in all company vehicles at all times while the vehicle is in motion.
- Defined disciplinary action in your company policy to be taken when a driver receives a seat belt violation.
- When ordering your trucks specify them with bright orange or yellow seat belts.
for better belt visibility.

- Consider providing having a company seat belt life insurance policy for drivers as an incentive for them to wear their seat belt. The policy would pay the driver’s beneficiary if they are killed in an accident while driving your truck and wearing the seat belt.

One-third of the 635 truck occupants who died in accidents during 2011 were not wearing a seat belt, according to a Federal Motor Carrier Safety Administration analysis released last week. In a 2010 FMCSA analysis of seat belt usage the overall safety belt usage rate for drivers of all medium and heavy duty trucks and buses rose from 74 percent in 2009 to 78 percent in 2010. The usage rate for CMV other occupants also increased from 61 percent in 2009 to 64 percent in 2010. Safety belt usage among CMV drivers has steadily increased from 65 percent in 2007 to 72 percent in 2008 and 74 percent in 2009. This 2010 survey result represents a 20 percent increase in safety belt usage compared to 2007 survey results.

A total of 26,830 CMVs, 26,830 drivers, and 1,929 other occupants were observed at 998 sites. Safety belt use was observed to be higher in states governed by primary belt use laws (80 percent) than secondary belt use laws (72 percent). Safety belt usage among drivers and other occupants in units identified as part of a fleet (80 percent) was also observed to be higher than independent owner-operators (71 percent). These estimates show an increase from 2009. Observations on the use of safety belts were conducted on a sample of arterial roads and limited access highways by trained data collectors and the data collection protocol remained the same as last year. All data were collected on Personal Digital Assistants (PDAs) utilizing a customized data collection program.

Does your company driver policy address seat belt usage?

Seat Belt Myth's:

**MYTH 1**
Safety belts are uncomfortable and restrict movement. FACT: A 2005 Transportation Research Board study on commercial drivers' safety belt usage found many drivers do not find wearing safety belts to be uncomfortable or too restrictive of their movements. Once they correctly adjust the seat, lap and shoulder belt, most drivers find that discomfort and restrictive movement can be alleviated.

**MYTH 2**
Wearing a safety belt is a personal decision that doesn't affect anyone else. FACT: Not wearing a safety belt can certainly affect your family and loved ones. It can also

Is it a requirement of the Federal Motor Carrier regulations for a driver to wear a safety belt while driving a commercial motor vehicle?

Answer
FMCSR 392.16 requires a driver to wear a safety belt while in operation of a
affect other motorists since wearing a safety belt can help you avoid losing control of your truck in a crash. It's the law; Federal regulations require commercial vehicle drivers to buckle up.

**MYTH 3**
Safety belts prevent your escape from a burning or submerged vehicle. FACT: Safety belts can keep you from being knocked unconscious, improving your chances of escape. Fire or submersion occurs in less than 5% of fatal large truck crashes.

**MYTH 4**
It's better to be thrown clear of the wreckage in the event of a crash. FACT: An occupant of a vehicle is four times as likely to be fatally injured when thrown from the vehicle. In 2004, 168 truck drivers died when they were ejected from their cabs during a crash.

**MYTH 5**
It takes too much time to fasten your safety belt 20 times a day. ACT: Buckling up takes about three seconds. Even buckling up 20 times a day requires only one minute.

**MYTH 6**
Good truck drivers don't need to wear safety belts. FACT: Good drivers usually don't cause collisions, but it's possible that during your career you will be involved in a crash caused by a bad driver, bad weather, mechanical failure, or tire blowout. Wearing a safety belt prevents injuries and fatalities by preventing ejection, and by protecting your head and spinal cord.

**MYTH 7**
A large truck will protect you. Safety belts are unnecessary. FACT: In 2004, 634 drivers of large trucks died in truck crashes and 303 of those drivers were not wearing safety belts. Of the 168 drivers killed who were ejected from their vehicles, almost 75% were not wearing safety belts.

**MYTH 8**
Safety belts aren't necessary for low-speed driving. FACT: In a frontal collision occurring at 30 mph, an unbelted person continues to move forward at 30 mph causing him/her to hit the windshield at about 30 mph. This is the same velocity a person falling from the top of a three story building would experience upon impact with the ground.

**MYTH 9**
A lap belt offers sufficient protection. FACT: The lap and shoulder belt design has been proven to hold a driver securely behind the wheel in the event of a crash, greatly increasing the driver's ability to maintain control of the vehicle and minimizing the chance for serious injury or death.
May is Motorcycle Safety Awareness Month

Motorist awareness is an important component of the National Highway Traffic Safety Administration's comprehensive motorcycle safety program. Over two-thirds of fatal motorcycle crashes involve a motorcycle and another vehicle. The motorist either does not see the oncoming motorcycle at all or does not see the motorcycle in time to avoid a crash. It is important for motorists to know that their actions affect the safety of motorcyclists. A motorist and a motorcyclist may take different actions for the same driving or highway situation. For example, a motorist may ignore a piece of road debris; however, that same piece of road debris may be deadly for a motorcyclist.

As a motorist or a passenger, there are some steps to become more aware of motorcyclists.

Respect the motorcyclist:

Remember the motorcycle is a vehicle with all of the privileges of any vehicle on the roadway. Give the motorcyclist a full lane of travel.

Look out:

Look for the motorcyclist on the highway, at intersections, when a motorcyclist may be making a left turn, and when a motorcyclist may be changing lanes. Clearly signal your intentions.

Anticipate a motorcyclist's maneuver:

Obstructions (debris, potholes, etc.) that you may ignore or not notice can be deadly for a motorcyclist. Predict evasive actions.

Allow plenty of space:

Don't follow a motorcycle too closely. Allow enough room for the motorcyclist to take evasive actions.

Safe Driving Tips for Summer Time Weather
Conditions

**Tornado**

- Do not drive during tornado conditions.
- Never try to out-drive a tornado in a vehicle. Tornadoes can change direction quickly and can lift a car or truck and toss it through the air.
- Get out of your vehicle immediately and seek shelter in a nearby building.
- If there is no time to get indoors, or if there is no nearby shelter, get out of the car and lie in a ditch or a low-lying area away from the vehicle. Over passes also can be places of refuge, however, be aware of the potential for flooding.

**Sever Thunderstorms and Lightning**

- Tune in to your radio to stay informed of approaching storms.
- If you see a tornado or hear a tornado warning, don’t try to outrun it. View tornado driving safety tips.
- Turn on your headlights (low beams) and slow down. Many states require the use of headlights during rain.
- Allow extra distance for braking.
- Do not drive unless necessary.
- Pull safely onto the shoulder of the road away from any trees that could fall on the vehicle.
- Stay in the car and turn on the emergency flashers until the heavy rains subside.
- An automobile provides better insulation against lightning than being in the open.
- Avoid contact with any metal conducting surfaces either inside your car or outside.
- Avoid flooded roadways.
- Avoid downed power lines.
- Check your windshield wipers and tires regularly to insure that they are ready for severe weather.
- Approach intersections with caution
- Treat traffic lights at intersections as stop signs.

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**Do you have you US DOT Personal Identification Number (PIN)?**

To view your CSA SMS information in its entirety you will need your US DOT number and US DOT PIN numbers to access the information as it becomes available to the industry. With the DOT number and DOT PIN number you will be able to “log on” and see your drivers names associated with the various inspections, violations and crashes as well as the scoring for “Hazardous Material” and “Crash” basics. The public will not have access to your driver's names or the “Hazardous Material” or “Crash” indicator basic scoring.

The US DOT PIN number was originally provided to the motor carrier when authority is granted. For many carriers this was years and employees ago and the PIN number has been lost.

The following are three ways that a motor carrier can obtain their pin number.
CVSA's 2017 International Roadcheck Enforcement Event to Take Place June 6-8

The Commercial Vehicle Safety Alliance’s (CVSA) 30th annual International Roadcheck will take place June 6-8, 2017. Over a 72-hour period, CVSA-certified commercial motor vehicle inspectors in jurisdictions throughout North America will conduct inspections of commercial motor vehicles and their drivers.

Learn more about International Roadcheck.

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